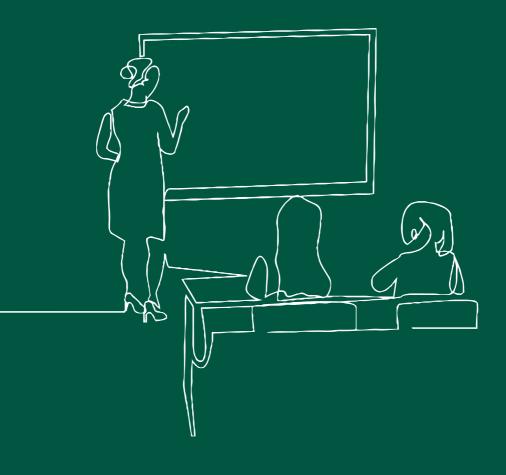


## THE SWEDISH SCHOOL SYSTEM



## Preschool

Children who are between one and five years old can go to preschool. In preschool, the child can play and learn things together with other children.

If you are working or studying, your child can go to preschool from the age of one. You pay for your child's place in a preschool.

If you are not working or studying, your child may go to public preschool from the age of three. All children who are between three and five years old have the right to go to public preschool. Public preschool is 15 hours a week and doesn't cost anything. If you want your child to start preschool, you must register with the municipality.

In Laxå municipality there are preschools in the Laxå urban area, Finnerödja, Hasselfors and Tived.

Laxå urban area: Lindåsen förskola och Saltängen förskola

Finnerödja: Förskolan Jordgubben

Hasselfors: Förskolan Junibacken

Tived: Tiveds förskola

## The right to go to school and school duty

It is both a right and a duty to go to school. In Sweden, all children must go to a preschool class and primary school. All children must go to school from the autumn term of the year when they turn six. This is called school duty. School duty applies until the end of grade 9. Both parents and schools have a responsibility to ensure that children go to school.

All children and young people have the right to education. Children who are seeking asylum have the right to go to school but no school duty.

Preschool, primary and secondary schools are free.

### **Preschool class**

From the year the child turns six, the child will be offered a place in a preschool class. Children go to a preschool class for one year. All children must go to a preschool class.

In Laxå municipality there are preschool classes at Finnerödja skola and at Saltängsskolan.

## Primary school

Primary school is for children between the ages of 7 and 16. All children must go to primary school. You start primary school at the age of 7. In primary school, pupils study many different



subjects. For example history, religion, mathematics, crafts, sports and language.

Children with disabilities may instead go to a special needs primary school or a special school. There the teaching is adapted to what the pupils are able to do. The municipality decides whether the student has the right to go to a special needs school. In a special needs school, there are children from grade 1–9.

There are three primary schools in Laxå municipality. In the Laxå urban area you find Saltängskolan and Centralskolan. In Finnerödja there is Finnerödja skola.

## Reception group for newly arrived pupils

Children who have recently arrived in Sweden can start in a preparatory class. Here, newly arrived pupils get to practise Swedish. They also learn how things work in Swedish schools. Teachers review the students' school background. In the preparatory class, the teaching can be different for each pupil. It could depend on age, home language or previous knowledge. The pupil should as soon as possible move over to a regular primary school.

The reception group is on the premises of Centralskolan.

## After-school centres

After-school centres are for children from 6 to 12 years old who go to school. After-school centres are also called Fritids. Children can go to Fritids if their parents work or go to school. Children can be at Fritids before and after school. Fritids is open during school holidays.

In the Laxå urban area there are after-school centres at Saltängsskolan and Centralskolan. In Finnerödja there is an after-school centre at Finnerödja skola. In Tived and Hasselfors, children can receive educational care. Educational care is an alternative to after-school centres.

If you want your child to start going to Fritids, you need to apply for a spot. You need to apply before your child can start going to Fritids.

## Secondary school

After primary school, young people can go to secondary school. All young people have the right to go to secondary school. Secondary school is voluntary and free. If you are between 16 and 20 years old, you can study in secondary school if you have completed primary school. A special needs secondary school is available for young people with intellectual disabilities. Special needs secondary school is voluntary and free.

The nearest secondary school is in Hallsberg. In primary school, a study counsellor can help and give you advice about secondary schools.

#### **Contact details**

To reach the right school or function, please contact the municipality's switchboard:

Switchboard: 0584-47 31 00

## LEISURE TIME, CULTURE AND ASSOCIATIONS



Leisure time is time when you can choose what you want to do. There are many different cultural and leisure activities organised by the municipality or associations and clubs.

## Meningsfull fritid / Meaningful Leisure Time

## Youth Centre

The youth centre is for pupils in grade 7–9 and secondary school. At the youth centre you can play games, video games and table tennis. You can also paint, read newspapers or do your homework. Sometimes we organise ball games and other activities in Laxåhallen. You are





in safe hands with our leaders. You can buy simple meals or snacks. The youth centre is open weekdays during the evening.

## Kulturskolan (School of the Arts)

Kulturskolan in Laxå is for children and young people from preschool up to secondary school. At a school of the arts you can learn to play an instrument,



sing, dance, paint or act in a play. It costs nothing to participate. You can write what you are interested in on Laxå municipality's website. Give the filled-out paper to a youth recreation leader or to the municipality's leisure consultant. You can also call us and tell us what you are interested in.

#### **Contact details**

More information about our activities can be found on Edlevo/edWise and on social media.

Instagram: Meningsfull\_Fritid\_Laxå\_kommun

Facebook: Meningsfull Fritid i Laxå kommun

**Postal address:** Laxå municipality, Culture and Leisure, 695 80 Laxå

Visiting address: Kulturens hus, skolgatan 7

Leisure Consultant: 0584-47 33 30, 070-241 43 78

## Children and young people in church

#### Children 0-4 years old

Kyrkis - Play and meet others in Casselgården. Thursdays 9.00-11.30. A cooperation with the Family Centre.

Kyrkis in Finnerödja parish hall. Mondays 10-14.30.

#### Children 5-6 years old

Minisar - in Casselgården. Tuesdays 16.30-18.00. Preregister by telephone: 0584-44 46 38

Miniorer - in Hasselfors parish hall for 5–7 year olds.

#### Children in grade 1-3

Miniorer - in Casselgården. Tuesdays 16.30-18.00.

#### Children in grade 4-6.

The church's Fritids in Finnerödja parish hall. Mondays 15.30-18.00. We play table tennis, play games, do crafts, have a snack break and more. Film club in Casselgården. Thursdays 17.00-19.00.

#### For those who are a little older

Young adults in Casselgården. Tuesdays 18.30. We hang out and do things together. Sometimes we go on trips and excursions.

**Contact details** 

Telephone: 0584-100 20

Address: Kyrkogatan 6, 695 30 Laxå

E-mail: <a href="mailto:bodarne.pastorat@svenskakyrkan.se">bodarne.pastorat@svenskakyrkan.se</a>

## The Library

At the library you can read and borrow books. The books at the library are available in different languages. There are also newspapers, audio books and computers you can use. Everyone



is welcome here regardless of age, gender or background. It doesn't cost anything to use the library.

You can ask questions to the people who work at the library. They are happy to explain how the library works and will help you find what you are looking for. You will also find an art gallery here. Anyone can visit the art gallery to see the art.

In Hasselfors, the library has a shelf with books in the assembly hall Hasselgården. In Tiveden, a library van travels around once a month. Ask the library for more information.

#### **Contact details**

Telephone: 0584-47 31 96

Address: Postgatan 13, Laxå

E-mail: biblioteket@laxa.se

## Fritidsbanken

You can borrow equipment for sports and leisure activities from Fritidsbanken. You can, for example, borrow bikes, helmets, skates, sticks and inline skates. Everyone can borrow and everything is free. You can borrow equipment for 14 days. Then you return what you borrowed. If you want to borrow equipment, contact or visit Fritidsbanken in Laxå.

#### **Contact details**

Telephone: 0584-473105

E-mail: fritidsbanken@laxa.se

Address: Järnvägsgatan 7, 695 30 Laxå (opposite the bus and train station)

Monday-Thursday: 10.00-18.00

Address: Von Boijgatan 14, Träffpunkt 14 for on-site borrowing:

Thursday: 16.00-19.00

## Associations in Laxå municipality

An association is a group of people that do things together for a common interest or goal. In Laxå municipality there are associations for all kinds of interests. There are sports clubs for most sports. In addition, there are ethnic associations, associations for culture, politics, music or crafts.

Our leisure consultant can help you find an association that suits you and your interest. On Laxå municipality's website there is a register for all associations. There you can choose to search by name, activity or type of association.

Leisure Consultant: 0584-47 33 30, 070-241 43 78

Website: www.laxa.se

**Register of associations:** 



# For those who live outside the Laxå urban area

#### Finnerödja

Finnerödja IF has several activities for those who want to do sports or exercise, such as football, outdoor workouts, disc golf. In Finnerödja there are illuminated trails and outdoor gyms. Two nearby lakes are Unden and Skagern with sandy beaches and sport fishing.

#### Hasselfors

In Hasselfors there is a sports centre for various sports activities and grassy areas for spontaneous sports. An illuminated trail can be found in Lillängen's nature park. Hasselfors' residential association organises many activities and get-togethers in Hasselfors. Some examples are the Nature and Film Festival, Walpurgis Night celebrations, and the Hasselfors Party.

#### Röfors

An important meeting place for residents of Röfors is the Community Centre, where various activities are organised. Next to the Community Centre is the village playground and a barbecue area with wind shelters. There is also a boule court down by the river. There is a nice swimming area by the lake Västra Laxsjön. Between Laxå and Röfors there is a larger illuminated trail with changing rooms and a sauna.

#### Tived

The parish of Tived includes Tiveden National Park, which is a popular tourist destination. In Tived there is Lake Unden with a marina and small swimming area. Here you will also find the village of Sannerud, where there is a village shop and a restaurant. There is a sports hall and a local history museum in the area. The Sannerud Market takes place every year in August with approximately 10,000 visitors.

## Kvinna i fokus / Women in focus

Free exercise for women! We welcome all women who want to exercise to feel better and have more energy. For questions and registration: 073-024 55 77.

Address: Kulturens hus, Skolgatan 7, Laxå

Tuesdays and Thursdays 17.00-18.00

## Träffpunkt 18

Träffpunkt 18 is a meeting place for older people and the disabled. Here you can participate in various activities and groups together with other people. There are activities every day from 13.00, such as a café, gymnastics, bingo or walks. Programs can be picked up from the premises of Träffpunkt 18 in central Laxå. Laxå PRO and other organisations have various activities on the premises.

#### **Contact details**

Telephone: 0584-47 33 98

Address: Postgatan 18, Laxå (premises of Träffpunkt 18)

The Red Cross 073-038 70 90

Church of Sweden 0584-106 35

## Laxå PRO Association

Laxå PRO is a large association with many activities. They have meetings, trips, study circles, dance. Boules, bowling, courses, wellness sessions and much more. If you have any form of pension, you can become a member of PRO. If you want to become a member of PRO, you can visit the office in central Laxå, contact the Laxå association or visit the website on the internet.

#### **Contact details**

Address: Postgatan 18 (premises of Träffpunkt 18)

E-mail: laxa@pro.se

Website: www.pro.se/medlem

## LIVE, RESIDE AND WORK



## Integration and employment

In Laxå municipality, we help those who have moved to Sweden from another country or have recently moved to Laxå municipality. Our integration consultant can tell you about how things work in the municipality. You can get help with contacting different authorities. This could be the Swedish Social Insurance Agency, the Swedish Tax Agency, the Swedish Migration Agency and the Swedish Public Employment Service. You can also get help with contact with schools and childcare providers. If you are new to Sweden, you are also invited to community information sessions.

The employment unit helps people have a better chance at finding a job.

They help people between the ages of 16 and 64. You may for example be young, new to Sweden or have been out of work for a long time. The employment unit can help you with studies and work placements. A work placement can let you try a job or practise the Swedish language. Together with a job coach you plan the help that would be best for you.

**Contact details** 

Coordinator: 0584-47 33 84

Open weekdays from 8.00 to 16.00.

# The municipality's responsibility for activities

The municipality has a duty to provide support for young people under the age of 20 who have dropped out of secondary school or never started secondary school. The purpose is to provide support for young people to complete secondary school or find other things to do. The support is voluntary.

Telephone: 0584-47 33 80 or 073-024 55 07

E-mail: KAA@laxa.se

# Adult Education and SFI (Swedish for Immigrants)

#### Allévux in Hallsberg

Allévux is a school for adults who want to study. You can study here if you are registered in Laxå. You must be at least 20 years old. To study at Allévux is free of charge. Contact the study counsellor for more information.

At Allévux there are: Courses at the secondary school level, Vocational training, SFI - Swedish for Immigrants, Study and Vocational Guidance Counsellor

Telephone: 0582-354 32 or 0582-354 00

E-mail: vux.vagledning@allevux.se

# Study Swedish and learn about Swedish society in Laxå

If you are new to Sweden and Laxå, you can take various courses. You can study Swedish and learn about Swedish society.

#### Studiefrämjandet

Address: Von Boijgatan 14, assembly hall Träffpunkt 14

Telephone: 073-555 78 98

Mondays, Wednesdays and Thursdays in the morning

Studieförbundet Vuxenskolan

Address: Skolgatan 7, 695 80 Laxå

Telephone: 019-611 94 80

Tuesdays 9.30-12.00 and Fridays 9.30-12.00.

#### Studieförbundet ABF

Address: Centrumtorget 2

Mondays 13.00-16.00 and Fridays 13.00-16.00

#### Bergskyrkan church

Address: Bergskyrkan church is located behind Coop

Wednesdays 09.30-11.00

## Public transport

#### **Bus services**

Länstrafiken's website <u>www.lanstrafiken.se</u> lists timetables and the location of bus stops. You can buy tickets on board the bus or at Laxå betting shop in Centrumtorget. You can also buy tickets from Länstrafiken's website or Länstrafiken's app.

Laxå betting shop can help you with simple questions.

The telephone number for Laxå betting shop is: 0584-100 69

#### Närtrafiken (Commuter Services)

An alternative for those who have more than 1 km to the nearest bus stop or if your nearest bus stop has fewer than ten departures per day. The bus goes from your home address to the Laxå urban area. You can read more about commuter services on Länstrafiken's website.

Book your trip by phoning: 0771-92-00 00.

#### Train

Travel Centre in Laxå is served by several train operators. For information about train departures and tickets, please visit: <u>reseplanerare.resrobot.se</u>

All timetables from all over the country can be found there.

## Återbruket tur & retur

Återbruket is a second hand shop in the Laxå urban area. The shop is run by the municipality. If you want to donate items, you can do so directly to the shop or at Mosjön recycling plant. The shop accepts items on Mondays, Tuesdays and Thursdays 9.00-15.00. Fridays 9.00-11.00.

Opening hours of the shop: Wednesday 10.00.18.00

Telephone: 070-691 61 86

Address: Postgatan 10, Laxå

## CARE, SUPPORT AND HELP

## Healthcare Centre

You can visit a healthcare centre for most illnesses. The healthcare centre can for example help you if you have been injured, have had a fever for a long time or you want to quit smoking. The healthcare centre can also help if you have mental health problems. You can get support and someone to talk to. Book an appointment by calling or visiting the website <u>www.1177.se</u>

Telephone: 0584-882 00

Opening hours: 08.00-17.00

Address: Gamla Tivägen, Laxå.

In case of acute illness or injury, you should go to the emergency room in a hospital. Call 1177 if you don't know where to turn.

### National Dental Health Service

If you or your child need dental care, the national dental health service is available in Laxå. For children and young people, dental care is free. Book an appointment by calling or visiting <u>www.1177.se</u>

Telephone: 0584-882 80

Address: Gamla Tivägen Laxå (Laxå vårdcentral)

## Family Centre

A family centre is a meeting place for families with children. Parents-to-be and parents with children aged 0–18 are welcome at the family centre. A welfare officer, a pedagogue, a nurse



and a midwife all work here. Here you can get help with questions about children's health or support in being a parent. You can also participate in parent groups and get counselling. The activities are free of charge.

You can call or visit the family centre if you have any questions or concerns. The visiting address is Gamla Tivägen (Ground floor of Laxå vårdcentral).

## **Open Preschool**

For all parents with children 0-6 years old. Here you can play, sing and have coffee together.

Mondays 13.30-15.30. Wednesdays 9-11.30

## Baby café

For parents with children 0–18 months old. Tuesdays 9.00-11.30

Telephone: pedagogue 0584-47 31 97,

Telephone: welfare officer 0584-47 31 28

## **Child Welfare Centre**

Here you can see a nurse. At the child welfare centre you can get help with your child's health. It is voluntary to get help and it doesn't cost anything.

Telephone: 0584-882 24, 0584-882 26

## **Midwifery Clinic**

If you are a young person or an adult you can see a midwife. A midwife can answer questions about pregnancy and childbirth and give advice on matters related to sexual health. If you are young, you can also contact the youth clinic in Hallsberg or visit <u>www.umo.se</u>.

Telephone: 0584-882 21

## Social Services

Everyone should be able to get help and support if they need it. That is the responsibility of social services. There may be different reasons for why you need help and support.

Social services can for example help people who have problems with alcohol or are struggling to make ends meet. They can help children and young people who are struggling. If you are a parent you can get advice and counselling in being a parent.

If you are older or have a disability, you can apply for various types of assistance. It could be to get more help at home, such as cleaning or personal care. It could also be to move to a home where you can get a lot of help. You can also get assistance with doing things during the day that are good for you.

The people who work in social services will talk to you before determining what help they can provide. They have a duty of confidentiality. Duty of confidentiality means that they are not allowed to tell anyone else what you tell them.

It doesn't cost anything to talk to social services. You can always ask social services for advice or make your own application if you need help. Contact social services by e-mail, telephone or by visiting the reception.

#### **Contact details**

Switchboard: 0584-47 31 00

Address: Postgatan 2-4, 695 30 Laxå

Reception opening hours

Monday-Thursday 08.00-12.00 and 13.00-16.00

Friday 08.00-12.00 and 13.00-15.00

### EMERGENCY

In case of an emergency please call 112, otherwise social services can be reached on weekdays 8.00-16.30.

At all other times, you can call the social emergency service at: 019-21 41 05

## Disability

If you have a disability, you may need extra help in your everyday life. LSS means the Act concerning Support and Service for Persons with Certain Functional Impairments. This law gives the right to support and service for people with disabilities. Everyone should be able to live like everybody else even if they have a disability. Both children and adults may have the right to support under LSS.

If you want to apply for disability support, you should contact the municipality. An assistance case officer will talk to you and decide what help you can get.

#### **Contact details**

Telephone: 0584-47 31 00

Address: Postgatan 2-4, 695 30 Laxå

## Services

Services in care and welfare care can consist of several components.

Emergency alarm: In order to feel safe, you can apply for an emergency alarm to be installed.

Food distribution: If you are age 75 or older, you can apply to have meal boxes delivered to your home. The service team: Works with services for pensioners and people with disabilities, such as snow shovelling. lawn mowing and other simple tasks, such as putting up curtains and changing light bulbs.

## **Transportation Service**

If you have a disability that makes it very difficulty for you to get around by yourself or to travel by regular public transport, you may be entitled to transportation service. It is Länstrafiken that is responsible for the transportation service, not the municipality.

Transportation Service Administrator 019-602 39 00

For more information: www.lanstrafiken.se/serviceresor

## Budget and debt counselling

Budget and debt counselling is for those who need help improving their financial situation. This could be trouble making ends meet or problems with debt. The advice is free and the person you are talking to has a duty of confidentiality.

#### **Contact details**

Telephone: 0584-47 32 11

Address: Laxå Bibliotek, Postgatan 13

## Church of Sweden in Laxå

The Church of Sweden in Laxå municipality has three parishes.

- Ramundeboda parish and Casselgården (Laxå urban area)
- Finnerödja-Tived's parish
- Skagershult's parish (Hasselfors)

The Church of Sweden has a lot of experience in meeting people in crisis and grief. If you need to talk to someone, the priest and the deacon can both be contacted.

#### **Contact details**

Deacon: 0584-44 46 33

Priest: 0584-44 46 30, 0584-44 46 32

Address: Kyrkogatan 6, 695 30 Laxå

E-mail: bodarne.pastorat@svenskakyrkan.se

## Dance for Health

Dance for Health is for young people aged 12–16 who are often stressed, worried or have stomach aches. We dance to feel better and learn to relax. You do not need to have previous dance



experience. The group is led by a trained instructor. If you know someone who would like to try, you can contact the municipality's leisure consultant or the Family Centre's welfare officer.

**Contact details** 

Leisure consultant: 070-640 72 22

Welfare officer: 0584-47 31 97 or 0584-47 31 28

## Help in an Emergency

Telephone numbers you can call if you or someone else is not feeling well and needs urgent help.

## 112

112 is Sweden's emergency number. 112 is open 24 hours a day. Call 112 if you or someone else is in an emergency situation and needs help urgently. Call 112 if you need help from for example the police, fire brigade or ambulance.

## The Police

Call emergency number 112 for urgent assistance. Call 114 14 to contact the police if it is not urgent. The nearest police station is in Hallsberg, at Västra storgatan 6–8.

Opening hours and contact details can be found on the police website, <u>www.polisen.se</u>.

On the website you will find more information, forms and you can report a crime to the police.

## 1177

You can call 1177 if you or someone in your family is sick. A nurse will then be able to advise you. You can call night and day. If needed, they can tell you where you can seek medical care. If you need urgent psychiatric help, please call 1177. On the <u>1177.se</u> website you can find information about health and illnesses.

## BRIS

zlf you are under 18 years old and need support, you can contact Bris. You can call, chat or e-mail. If you are an adult, you can turn to Bris for questions or concerns about children.

Children's helpline: 116 11.

Adult helpline: 0771-150 50 50.

Website: www.bris.se

## Kvinnofridslinjen

You can call Kvinnofridslinjen if you have been subjected to threats, violence, sexual abuse or mistreatment. If you are a family member or a friend of someone it has happened to, you can also call. It is open 24 hours a day and it's free. The call does not appear on your telephone bill.

Telephone: 020-50 50 50.

